NEVIS RANGE MOUNTAIN BIKING TRAIL CENTRE

Miles of cross country trails and gondola access for DH and XC trail. Home to the Mountain Bike World Cup since 2002.

Bike Corner
The Bike Corner near the Nevis Range ticket office has more detailed information on all the trails.

We’re in the Outdoor Capital of the UK
Amazing landscape of Ben Nevis, Glencoe, mountains, lochs, forests, beaches, islands & glens. Lots of activities to try including walking, biking, canoeing, sailing, quad biking, canyoning & snowsports. Places to visit such as the Ben Nevis distillery, Treasures of the Earth, Crannog Cruises and the Jacobite Steam Train. Visit www.outdoorcapital.co.uk.

Cycle Route capital

Cycle Route capital
Green: Easy
Suitable for: Beginner/ novice cyclists. Graduates: Relatively flat & wide, climbs and descents shallow. Surface: May be loose, uneven or muddy at times.

Blue: Moderate

Red: Difficult
Suitable for: Proficient mountain bikers. Trail: Challenging. Climbs, tricky descents & technical features such as drop-offs & large rocks.

Black: Severe

Extreme downhill, dirt jump & freeride areas
Suitable for: Extreme level riders with expert technical skills & good fitness. Technical bike skills important. Jumping ability obligatory. Trail: Extreme levels of exposure & risk.

Forest road and similar
Suitable for: Beginner/novice cyclists. Trail: Gradients can vary. Surfaces may be uneven, potholed and muddy in places. Look out for vehicles & other users.

Other
Not inspected or regularly maintained and may not be signposted.

Forest Cycle Code
1. Don’t rely on others;
   - can you get home safely?
   - carry the right equipment and know how to use it.

2. For your own safety;
   - always wear the right safety clothing, at least a cycle helmet and gloves.
   - only cycle within your abilities.
   - only tackle jumps and other challenges if you are sure you can do them, have a look first!

   - train properly especially for difficult and technical routes.

3. On and off road;
   - expect the unexpected – watch out for other visitors.

4. Cycle carefully and please come back soon!

Hire and Shop
Nevis Cycles is an site during summer months with a fleet of XC and DH bikes for hire. Advance booking recommended.
01397 705825 www.neviscycles.com

Forest Cycle Code
Enjoy Scotland’s outdoors responsibly:
- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

Nevis Range Bike School
The Bike School will offer both guided rides on the Downhill Track, Red Giant and Cross Country trails as well as coaching sessions at all levels.
01397 705825 nevisrange.co.uk

Emergency info
Nevis Range base gondola station grid reference: NN 171 772
Nevis Range & Ben Nevis Seafield
The Belford, Fort William, Tel: 01397 702481
In case of an emergency or Nevis Range on
01397 705825
Nearest public phone: Nevis Range

Key to facilities and trail symbols for all maps
- Nevis Range Blue mountain bike track
- Nevis Range black mountain bike track
- Nevis Range red mountain bike track
- Nevis Range green mountain bike track
- Nevis Range white mountain bike track
- Nevis Range white road track
- Nevis Range other

Mountain biking is a potentially hazardous activity carrying a significant risk.

All information believed correct at printing. Nevis Range reserves the right to alter any times at any time. Please refer to nevisrange.co.uk for details of diversions and closures.

Download our mobile app
nevisrange.co.uk new mobile site
Nevis Range, Fort William, Inverness-shire, Scotland, PH33 6SQ
01397 705825 01397 705854 (fax) info@nevisrange.co.uk

[nevisrange.co.uk]
1244.6 x 875.9
**Gondola accessed World Cup downhill and Red Giant**

Riders of both these trails must have a gondola bike ticket, have read and understood the Nevis Range Code of Conduct and signed a Participation Statement, all available from the Nevis Range bike centre. They are suitable for active people used to prolonged effort. It is essential that you wear a helmet and full protection.

**The Red Giant**

- **Grade:** Red
- **Length:** 5.9km / 3.6 miles
- **Vertical drop:** 543m

**World Cup downhill**

- **Grade:** Orange - Extreme (Large features)
- **Length:** 2.82km / 1.75 miles
- **Vertical drop:** 555m

**Gondola Bike Uplift Opening Times**

Mid-May to mid-September, 10.15am – 3.45pm for bike uplift. This excludes some event and race days, and when it is very wet or windy. Please visit nevisrange.co.uk for more information

The gondola is open all year, excluding mid-Nov - mid-Dec for visitors.

**MOUNTAIN BIKE TRACKS SERVED BY GONDOLA ACCESS CODE OF PRACTICE (2014)**

Mountain biking is a hazardous sport. Tracks at Nevis Range with gondola uplift are extremely steep & difficult in places. The downhill has been designed for competitors and should only be attempted by experienced cyclists. You must fill out & sign a gondola bike ticket for them.

**Is your bike suitable?**

All users must read, complete & sign a Participation Statement before buying tickets. Those aged 14 and under must put a parent/guardian to sign for them. You must have read and understood the Nevis Range Code of Conduct and signed a Participation Statement. All available from the Nevis Range bike centre. You are responsible for the state of repair of your own bike.

**Where can you cycle?**

You can cycle on any of the cross country trails in the forest. On the mountain you may only cycle on the designated downhill and red trail. For the future it is vital to prevent erosion so please do not cut corners.

**Remember other users**

There may be other cyclists & walkers on the track. On upper sections there is good visibility ahead, but once you enter the forest or in poor weather, visibility is restricted. Treat others with consideration. If you stop on the track please step aside to let others pass. Lower fast cyclists pass you. We advise no high-heeled footwear when riding.

**Obey the signs and instructions from staff**

They’re all there for YOUR safety and the safety of others. Ride with care when passing people working on the tracks.

**Accidents**

We suggest that you do not cycle alone, bring a friend, even if just to talk. In the event of a serious accident, please report it to the gondola station. We need to know the nature of the accident and when it has occurred.

**Think about vehicles**

The tracks cross the forestry road in places. Vehicles driving these roads should sound their horns, but they may not have seen you. Can you stop?

**Helmets & insurance**

You must wear a helmet, but we strongly advise you to take out additional bike insurance. Consider your insurance situation; are you insured for personal, privacy and 3rd party liability?

**Failure to comply**

You will be banned from taking your bike in the gondola for a specific period depending on the infraction. There will be no refund of money paid for the rider of the mountain bike in this case.

**Take your litter home**

Help keep Nevis Range and Leanachan forest bike tracks looking sweet. New Butts are available at Ticket Office for £1


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**Skills Area**

- **Grade:** Orange features and pump track, linked by the Phoenix trail.

**Cour Trail**

- **Length:** 19km
- **Grade:** A mix of singletrack and forest road, accessed by 2km forest road. A great trail to start. Forest uplift summer weekends.

**Skills Loops**

- **Grade:** Green
- **Length:** 10km
- **Vertical drop:** 543m

**Cats Eyes**

- **Grade:** Green
- **Length:** 1.3km / 0.8 mile
- **Vertical drop:** 543m

**Blue Adder**

- **Grade:** Blue
- **Length:** 3.4km / 2.1 mile
- **Vertical drop:** 543m

**Broomstick Blue**

- **Grade:** Blue
- **Length:** 7km / 4.3 miles

**Jumps Lines**

- **Grade:** Orange
- **Length:** 0.75km / 0.5 miles

**Vegetation & Animal Life**

- **Grade:** Green
- **Length:** 1.3km / 0.8 mile
- **Vertical drop:** 200m

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**Cour Trail**

- **Grade:** Green
- **Length:** 1km / 0.6 mile
- **Vertical drop:** 543m

**MacKenzies Road**

- **Grade:** Blue
- **Length:** 5.5km / 3.4 miles
- **Vertical drop:** 200m

**Puggyline**

- **Grade:** Green
- **Length:** 10km / 6.2 miles
- **Vertical drop:** 200m

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**Vehicle Uplift**

- **Vehicle uplift to the Cats Eyes and Blue Adder descents.**
- **Operates mid May – mid Sep at weekends and maybe more during school holidays.**

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**Kilimanjaro**

- **Grade:** Orange
- **Length:** 10km / 6.2 miles
- **Vertical drop:** 200m

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**Great Glen Trail**

- **Grade:** Blue
- **Length:** 7km / 4.3 miles
- **Vertical drop:** 200m

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**Length & Grade**

- **Grade:** Blue
- **Length:** 7km / 4.3 miles
- **Vertical drop:** 200m

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**Great Glen Trail**

- **Grade:** Blue
- **Length:** 7km / 4.3 miles
- **Vertical drop:** 200m